

## Jane's Handmade Bread

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### YEASTED PRODUCTS INFORMATION

**Please note:**

- 1) All products are made entirely by hand (no machines at all apart from a kettle and ordinary domestic ovens) and without any chemical additives. (Most bakers, including many artisan bakers, use chemical additives to condition doughs, speed up the fermentation process and to extend shelf life, etc. and these additives need not be declared.)
- 2) Except for spelts, all items have a minimum average fermentation time of five to sixteen hours.
- 4) No product listed contains milk or any other dairy product as a recipe ingredient. However, Proper teacakes and (Very) Large Chelsea Buns contain vegetable shortening that may contain traces of milk. A guaranteed dairy-free alternative is available on request.
- 5) All-organic alternatives are available on request for most products.
- 6) Yeast types vary: Fresh bakers' yeast, dried yeast, 'wild' yeast (sourdough) and 'pate fermentée' are all used. This means that the position of yeast in the ingredients (which are listed in weight order) may vary. Please enquire if this of particular interest.
- 7) None of the flours used in these products are bleached (chlorinated).
- 8) All loaves containing wholemeal wheat or rye flours (in any proportion) meet 'Real Bread Campaign' criteria.
- 9) **3 products are shown in red.** All won a North West Fine Food 2011 award. The maximum number of entries permitted was 3. (There is no NWFF competition in 2012.)
- 10) Salt content – all breads meet or beat the government's new target for bakers (currently compliance is voluntary) of 1g salt per 100g finished product.
- 11) Jane's Handmade Bread does not and will not knowingly use any GM ingredients whatsoever.

Product	Ingredients
Unbleached white 400g / 800g	Shipton Mill unbleached white flour (100% British); water; yeast; salt. Flour-topped or glazed with local free-range egg.
White knot rolls	Shipton Mill unbleached white flour (100% British); water; yeast; salt. Glazed with local free-range egg and topped with seeds (sunflower, pumpkin, flax, sesame, poppy in variable proportions).
'Tear & Share' (Focaccia-style) 400 / 800 / 1600g	Shipton Mill unbleached white flour (100% British); water; Cotswolds cold-pressed rapeseed oil; yeast; salt; fresh or dried rosemary.

Miracle Bread* 400g / 800g	Shipton Mill unbleached white flour (100% British grain) and Shipton Mill wholemeal flour (min 80% British grain); water; seeds (sunflower, pumpkin, flax, sesame, poppy in variable proportions); Suffolk barley malt extract; cold-pressed Cotswolds cold-pressed rapeseed oil; unrefined blackstrap molasses; yeast; salt. Glazed with local free-range eggs and topped with seeds as above.
Wheat and Rye 400g / 800g	Shipton Mill unbleached white flour (100% British) and Shipton Mill wholemeal rye flour (European grain); water; yeast; salt.
Wheat & Rye with Fennel Seeds * 400g / 800g	Shipton Mill unbleached white flour (100% British); Shipton Mill wholemeal rye flour (European grain); water; yeast; fennel seeds; salt.
Light Wheat and Rye with Caraway Seeds 400g/800g	Shipton Mill unbleached white flour (100% British); Shipton Mill dark and light rye flours (European grain); water; yeast; caraway seeds; salt. Flour-topped or glazed with free-range egg.
Wholegrain Spelt 400g / 800g	Shipton Mill wholegrain spelt flour (European grain); water; yeast; salt.
Pimhill 100 400g / 800g	Pimhill Organics stone-ground wholemeal flour (100% British and certified organic); water; yeast; salt.
Pimhill 50 400g / 800g	Pimhill Organics stoneground wholemeal flour (100% British and certified organic); Shipton Mill unbleached white flour; water; yeast; salt. Topped with Pimhill (certified organic) oatmeal or oats.
Tomato & Olive 400g	Shipton Mill unbleached white flour (100% British) and Shipton Mill wholemeal rye flour (European grain); water; tomatoes (as pureé), tinned (with acidity regulator), sun-dried (with salt); pitted black olives (preserved in brine); Cotswolds cold-pressed rapeseed oil; yeast; herbs; salt.
Rye Sourdough Sold by weight	Shipton Mill wholegrain and light rye flours (European grain); water; salt. (Naturally fermented with no added yeast)
Proper Teacakes*	Shipton Mill unbleached white flour (100% British); water; dried fruit (sultanas, raisins, currants, citrus peel in variable proportions, may contain acidity regulators, preservatives and vegetable oil); sugar; vegetable shortening; yeast; mixed spice; salt
(Very) large Chelsea Buns	Shipton Mill unbleached white flour (100% British); water; dried fruit (sultanas, raisins, currants, citrus peel in variable proportions, may contain acidity regulators, preservatives and vegetable oil); British sugar; vegetable shortening; yeast; mixed spice; salt. Icing/glaze: British sugar; water.

**END**